## PROGRAMME: LYMPHOEDEMA THERAPISTS CONFERENCE

## $16^{TH} - 17^{TH}$ MAY 2009

VENUE: Capital House, 21 Manchester Street, Melrose, Wellington

## Saturday 16 May

- 9.30 10.00am Registration/Meet and Greet/Trade Display
- 10.00 10.15am Welcome/Housekeeping/Outline of the day Di Graham & Shona Lee
- 10.15 11.15am John Appleton Representative for Kinesio NZ

Case Study – Michelle Walker – Her Lymphoedema Journey

Michele Urlich – Massage Therapist, assisted by Deb Hurt - Physiotherapist

Kinesiotaping for Lymphoedema

- 11.15–11.45am Morning tea / Trade Display
- 11.45am 1.00pm Michele Urlich and Deb Hurt

Kinesiotaping for Lymphoedema – continued

- 1.00 2.00pm Lunch / Trade Display
- 2.00 2.40pm Kate Oliver Registered Nurse, Oncology Nurse

Case Study – Charlotte's Challenge

2.40 – 3.00pm Di Graham – Registered Nurse / Lymphoedema Specialist / TLM Instructor

Healthy-Steps, moving you to better health through the Lebed Method

3.00 – 3.20pm Mary-Anne Drury – Registered Nurse

Case Study Review – Looking at using subcutaneous controlled drainage in a select group of patients within the palliative setting

- 3.20 3.45pm Afternoon tea/Trade Display
- 3.45 4.25pm Carol Johnson Radiation Oncologist

Staging and Radiotherapy

4.25 – 5.00pm Kath Vickers – Physiotherapist / Lymphoedema Therapist

Debriefing Paper

6.30pm - Gather at for Dinner at Chilean Restaurant

Sunday 17<sup>th</sup> May 2009

9.00 -9.30am Professor Jo Walton – Professor of Nursing and Head of School at the Graduate School of Nursing, Midwifery and Health at Victoria University

Compression garments in lymphoedema: what is the evidence?

9.30 – 10.00am Mary Wakefield – Radiation Therapist / Lymphoedema Therapist

A Walk Through Radiotherapy

10.00 – 10.30am Morning Tea /Trade Display

10.30 – 11.00am Kath Vickers - Physiotherapist / Lymphoedema Therapist

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11.00 – 12.00 Shona Lee - Physiotherapist / Lymphoedema Therapist

Compression Bandaging – Foam Bandages

12.00 – 1.00pm Lunch

1.00 -1.30pm Claire Doole Registered Nurse/Lymphoedema Therapist

ENCORE Programme – Giving Consistent Messages on Lymphoedema

1.30 – 2.00pm Denise Flett – Breast Nurse Specialist/Lymphoedema Therapist

Establishment of a National Lymphoedema Website

2.00 – 2.30pm - Di Graham and Shona Lee

Where to from here with regards to future Lymphoedema Huis -? 2011

- 2.30 2.45pm Jenny Collett ALA Representative, Physiotherapist, Lymphoedema Therapist

  \*\*ALA Business\*\*
- $2.45 pm\,$  Jenny Collett  $\,$  Where to from here  $\,$   $\,$  2011 Hui? and other pertinent issues  $\dots$

Farewell and close Hui